

# despacio spa centre



## DESPACIO COSTA ADEJE PALACE

### FACILITIES

Heated swimming pool, dynamic swimming pool with jets, hot/cold contrast.

Sauna (60') – 10€

Turkish bath (60') – 10€

Heated swimming pool and Jacuzzi –€3 /person

Gym

### FACIAL TREATMENTS

Active deep skin cleansing (60') – €60

Luminosity treatment with vitamin C (50') – €60

Oxygenating treatment for suffocated skins (60') – €60

Deep cleansing treatment (60') – €60

Skin rejuvenation treatment (60') – €60

Treatment for acne skins (60') – €60

Treatment sensitive skin couperosis (60') – €60

Remodelling oval treatment (90') – €90

Detox anti-stress treatment for men (60') –€60

### BODY TREATMENTS

Treatment antistress + facial + massage (90') – €140

Treatment body peeling and moisturisation (45') – €60

Dead Sea mud wrap (45') – €80

Remodelling treatment Body Sculptor (45') – €80

Treatment tired legs and mud (60') – €60

Anticellulite algae wrap + massage (70') – €90

Hot stones treatment (25') – €40 / (90') – €140

Treatment Rasu body peeling (30') – €60

Marine neurosedating treatment: peeling, wrap and massage (80') – €120

Micro algae wrap (45') – €90

Lymphatic drainage (30') – €45

## MASSAGES

- Bio-massage (Aromatherapy + Reflexology + Cranial massage) (75') – €100  
Ayurvedic massage (50') – 80€ / (75') €120  
Relaxing massage (25') –€30 / (50') – €60  
Therapeutic massage (25') –€30 / (50') – €60  
Sports massage (25') –€35 / (50') – €70  
Thai foot massage (50') –€60  
Foot massage (25') –€40 / (50') – €70  
Relax massage with cacao oil (25') –€35 / (50') – €60  
Cranial and facial massage therapy (35') –€45  
Massage in swimming pool (from 10:30 to 22:00) (15') – €15  
Tired legs massage (30') –€35

## RITUALS

- Indoceane (90') –€120  
Chocolate (60') –€130  
Anticellulite (70') –€90  
Hot stones (90') –€140  
Ayurvedic (90') –€120  
Facial Mer & Sens (60') –€60

## PEELING LIST

- Body with marine salts (30') –€45  
Mediterranean (30') –€45  
Moisturising (30') –€45  
Remineralising (30') –€45  
Aromatic and relaxing (30') –€45  
Draining (30') –€45

## SPECIAL PROGRAMMES

### **WHITE ENERGY PROGRAMME – €60**

Sweet and salt peeling with brown sugar and Dead Sea salts, yoghurt and lemon wrap

### **SKIN RENOVATION PROGRAMME (80') – €100**

Purifying steam sauna, skin renovation body peeling, Blue Ocean auto-thermal mousse wrap, Lomi-Lomi massage

### **ASIAN DREAM PROGRAMME (90') – €100**

Thai foot massage, ayurvedic massage, Swimming pool, Jacuzzi, Hydromassage

### **ANTI-STRESS PROGRAMME – 3 DAYS – €150**

Mud wraps, Relaxing massage, Face treatment with aromatherapy, 2 Sauna and Jacuzzi sessions

### **CIRCULATION PROGRAMME – 3 DAYS – €150**

Peeling, Mud, Circulatory Massage and Lymphatic drainage

### **ANTICELLULITE PROGRAMME – 3 DAYS – €150**

Peeling, algae, reduction massage, Lymphatic drainage, 3 sauna and Jacuzzi sessions

### **HONEYMOON PROGRAMME – 3 DAYS – €260 / 2 people**

2 Facial treatments, 2 relaxing massages, 2 body peelings and Moisturisation

Consult us for other treatments available at the centre  
[despacio.hca@h10hotels.com](mailto:despacio.hca@h10hotels.com)

For safety reasons, entrance to under-16s is forbidden.